

## Drug and Alcohol History

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

Check all substances you have used in your entire life:

☐ Tobacco      ☐ Alcohol      ☐ Stimulants      ☐ Barbituates      ☐ Hallucinogens  
☐ Opiates      ☐ Inhalants      ☐ Sedatives      ☐ Methamphetamine      ☐ Tranquilizers  
☐ Over the counter      ☐ Prescription      ☐ Marijuana      ☐ Cocaine      ☐ Methadone  
☐ Meds (abused only)      ☐ Meds (abused)

(Below, list in order from what you used most recently please)

Name of Substance	Age 1 <sup>st</sup> use	How much/ How often (e.g. joint/day)	From when to when (e.g. 15-50 or May-July '99)	Date/age of last use	Most ever used? What age?	How much used in last 24 hours

Have you ever withdrew from any substance, DTs, blackouts (loss of time), seizures, etc.? ☐ yes ☐ no

If yes, from what and describe symptoms: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

If no, what happens when you tried to stop your favorite substance (please list): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you ever been to treatment for a drug or alcohol problem? ☐ yes ☐ No

If yes, where, when, and did it help? \_\_\_\_\_  
 \_\_\_\_\_

Has anyone ever told you that you have a problem with drugs/alcohol? ☐ yes ☐ no Who? \_\_\_\_\_

Anyone in your family have a substance abuse/dependence problem? ☐ yes ☐ no

If yes, who, what drug and how do you know? \_\_\_\_\_  
 \_\_\_\_\_

Do you think you need treatment for a drug/alcohol problem? ☐ yes ☐ no Why? \_\_\_\_\_  
 \_\_\_\_\_